

## Providing essential health services to Readymade Garments Worker improved job satisfaction and credibility of the factories



Md. Kamruzzaman, FC-Light House conducted the Health Education Session on Hand washing to female workers and a video is being shown to the workers (inset).



Dr. Fatema Sohani and Factory Management – Md. Shahed Hossain, DGM, A-one pooler visiting the blood group checking campaign.

Under the supplier's qualification program of GIZ-International Development, Light House has been assigned to provide essential health services to around 45,000 RMG worker of 8 factories. During the month of November, 2016 following services are offered: Health Check-up by Doctors and providing medicine, Health Education Session on Hand Washing to female workers, counseling, blood group checking, pregnancy test and diabetic detecting were done at JM Febrics, Marma Composite & A One Polar, Polo, Ornate Knitting, Bottom Gallery, Fakruddin and Sinha garments.

Md. Kamruzzaman, Field Coordinator, Light House conducted the Health Education Session on Hand washing to female workers. Blood grouping check-up were done and it was observed by Factory Management – Md. Shahed Hossain, DGM, A-one pooler and Dr. Fatema Suhani. Health Check-Up & Medication were given to 1,005 workers, where 587 were female and 418 were male. ANC of Pregnant Women were 73 workers, Pregnancy Test were done for 26, Health Education were given to 815 workers, where 421 were female and 394 were male workers, Ultrasonography were done for 26, Pathological test -29; RBS checkup 146, where 83 were Female and 63 were Male, Diabetics detected for 6, where 3 were female and 3 were male. Blood group checking was done for 5,888 where 2,905 were female and 2,983 were male.

A video show named Ujan Ganger Naiya made by BBC Media for the purpose of reducing child and maternal mortality by improvement of Health services Like ANC care/Institutional delivery, breast feeding, child nutrition etc. were shown among workers on 7, 15 & 16 November, 2016 at JM Febrics, Marma Composite & A One Polar. The total participants were about 105, where numbers of male were 45 & female were 60. Thus Light House extended their optimum health service to the garments workers through its SQP project and many were benefitted.

## Advocacy Meeting with district level stakeholder under GFNFM Project, icddr,b:



**Mr. Abu Raihan Mia, Additional Dist. Commissioner is delivering speech while Sensitization Meeting with Health Service Provider, Religious leader, Lawyer, Journalist police at Dinajpur.**

Since the beginning of Light House's journey, it's working to sensitize stakeholders on different issues through diverse advocacy initiatives. For seeking social response from stakeholders, and to sensitize Health service provider, religious leader, lawyer, journalist, law enforcement agency and other civil society representatives and seek support for smooth implementation of the Light House Global Fund Project at local level. Light House conducted 7 sensitization meetings in November, 2016 at the district level. A total of 105 different levels of stakeholders were invited to the meeting in 7 districts where DIC are located. By conducting those meeting at the local administration, media and local elite has been sensitized regarding our project and the harassment and violation have been reduced among the community. This type of meeting created opportunity to sit together with local administration and other stakeholders to create enabling environment as well. This type of activity is the best way to create social movement as well as increase awareness regarding the different issues like HIV/AIDS and the responsibility of the society.



## **Sagorika (Hijra) is now left “badhai” and involved in tailoring: Light House showed “Light of Hope”- Sagorika said:**

Light House always tried differently to ensure livelihood security of marginalized people as their motto beside the donor's priorities. It provides alternative option of livelihood by providing vocational and livelihood skills training. Hijra and MSW (male sex workers) are among those marginalized people who are not only socially excluded but also stigmatized due to their behavior and choice.

Shagorika (48) Pulhat (Raton mill) of Dinajpur Sadar, is one of Hijra who was forced to leave village due to her choice to be a female instead of behave like male. She engaged “badhai” with other Hijra at Parbotipur areas. She was not much pretty so Sagorika has passed very miserable life from very early stage. In 2008, she received Life Skills Training and Tailoring and dress making Training from Parbotipur Drop in Center of Light House. It gave her new hope as she earns skills of alternative livelihood. After the training she managed a sewing machine from Parbotipur Upazila Parishad by Light House Staffs. She started dress making for kids and women. Now she is working in her own home at Pulhat (Raton mill) with dignity. She is fully involved in tailoring and she feels happy as villagers are welcoming her.

Through her Tailoring business she earned about 200 tk. per day. Although it is so small amount but she is happy that she could support to her family and for that she is indebted to Light House.



## **Prisoner received Electrical & House Wiring Skill Development Training inside Prison:**



### **Certificates were being distributed by jail super of Bogra district among the participants at Bogra Prison.**

The IRSOP yearly training calendar approved by IG, prisons 1st training batch of Electrical & House Wiring for Bogra District Jail started on August 21, 2016 and had been closed on November 8, 2016. On the concluding day of the training the Jail Super, Bogra prison distributed certificates among the prisoners for completing training successfully. 25 convicted prisoners attend the training session. The total duration of this training was for 32 days. Jailer head guard of prison, and others were present at the certificate distribution ceremony. Jail Super told that the skill development training inside the prison is the good initiative of GIZ. GIZ is the development partner of Prison Directorate. They have been helping us in many ways like financially, giving skilled manpower, materials, and technical supports, giving attention, energy and time. If we want to get this training outside the prison we have to spend money, energy, and time. When you realized that you had to come at jail because of committing crimes, you were depressed and your eyes were in full of tears. After entering this jail you explored your ways of living and got a chance to be skilled. After commencing this statement he asked participants about their feelings and realization of their insight. The participants expressed their feelings joyfully. The main purpose of the training inside prison was to reduce recidivism and thereby overcrowding in prisons in Bangladesh. He spiritually motivated them to utilize the training skills for their own need and for the betterment of the human kind. He concluded by saying that utilizing this training outside prison everyone will lead a life without re-committing crime and be able to lead a healthy and sound life with family members.

## **Peer volunteer Training in side Bogra Prison:**



### **Mr. Abu Saddat, the Deputy Jailor is delivering speech in the training session on peer volunteer**

Peer volunteers have been supporting to the Rehabilitation supervisor, Rehabilitation supervisor cum counselor and the counselor inside the prison to identify the drug user prisoners for counseling and skill development training. They also support to collect the information of drug, general health, HIV and life skills to the other prisoners. As the part of their support to improve their skills, a two day long training titled, “Orientation of Peer Volunteer as part of counseling, treatment of drug, skill development training & rehabilitation of prisoners” was held in Bogra District Jail on October 31 to November 1, 2016. 20 female prisoners were present in the training session. In the training the Deputy Jailor delivered a speech and then nominated the prisoners to make a potential PV group considering long time convicted prisoners, leadership quality, education, cooperative nature, age, coping capacity, acceptance to the prisoners, etc.



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