

The coronavirus disease (COVID-19) pandemic brought many new challenges, and we all had to adapt to new ways of existing in the world. We masked up, we went on socially distanced walks, and we stayed in touch with friends and family via social media and video chat. These were the realities of the pandemic, for everyone. On that period Youth and adolescents have limited access to quality information on SRHR. The magnitude of the knowledge gap lies in poor awareness campaigns and knowledge-sharing initiatives. Side by side, SRHR education is crippled by weak policies and socio-cultural stigmas affecting the overall mindset of youth in the country. From the above circumstances Light House had taken decision to organize the online seminars among the youth and adolescent on SRHR issues.

Light House organized several online seminars to protect the health of youth and adolescents and to reach emergency services. Popular doctors, Psychotic and development specialist of the country served as resource persons in this seminar. By participating in this seminar, a network has been created among the youth and adolescent living in Dhaka north, south and Gazipur City and also Gazipur District. Based on the information received from the seminar, on that period they were living a better life by receiving services from health care institutions. Covid-19 has not only harmed to us. Introduced us to new technologies and made us capable of using new technologies. But from these above circumstances it is regular events of Light House for engaging the youth and adolescent communities. We learnt from lot of online seminars such as cheaper than others manual seminars and its new technology to engage the more people in different place of Bangladesh. My Light House colleague takes endeavor to compile all seminar conducted with link, so that our viewers can have look at it via YouTube of Light House. The Light House family will keep you in our hearts for this contribution. I would like to thank my colleagues and Pathfinder International officials for counting their support to organize the online seminar. Hope this special e-bulletin will be enjoyable for the viewer too.

Md. Harun-Or-Rashid, Chief Executive,
On behalf of Editorial panel.

A total of 38 Seminar and media advocacy (press conference) planned to implement using Facebook group throughout the project period as part of observation of the 5 national and International Days like 16th Day Activism; International Health day; International Women Day; International mother's and Father's Day.

The main objectives of this online seminar is to "ensuring proper execution of the Bangladesh Government's youth and adolescent health service policy/strategies" and mobilize adolescent and youth as well their guardians for getting health service from this center. Due to consider the objectives Light House Sukhi Jibon Project organized the 38 online seminars in different issues. For seminars planned to target the program people, policy activist, media who particularly has influence and can keep contribution in ensuring the execution of the current strategies/policies of the Bangladesh Government in regards to adolescent and youth friendly health services. Beside also targeted the future youth leader's capacity building so that they can also contribute and raise their voice about proper execution of youth and adolescent friendly health service policies of Government from their own level as applicable.

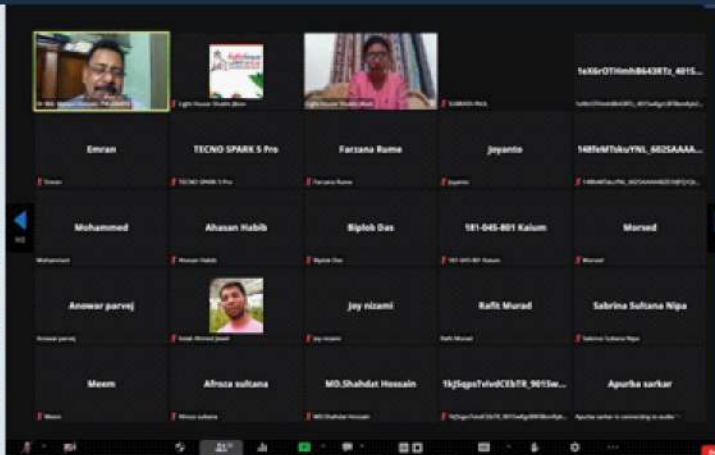
Brief the activities:

Shukhi Jibon Project, Light House organized total of 38 seminars titled "Seminar on adolescent and youth friendly health services" and different current issues which were climate change, Youth engagement for development and also decent work, use of modern technology at zoom platform where 1140 participants have participated from different segments program experts, policy contributors/influencers; and youth and adolescent representatives.

Resource person were selected in consultation with DGFP, Pathfinder representatives, development activist, particularly who has the influence and can keep contribution in ensuring the execution of the current strategies/policies of the Bangladesh Government in regards to adolescent and youth-friendly health services. The key note presentation was developed by the resource persons and reviewed by the Light House and Pathfinder program personnel. More than 30 keynote presenters prepared their keynote and present its among the respective participants.

Major output & outcome from the online seminars are bellow to :-

- * Shukhi Jibon Project, Light House organized total of 38 seminars during the project period.
- * 1140 participants have participated the events proactively. They have been trained on adolescent health including SRHR.
- * More than 100 youth volunteers have been playing the role as community mobilizers.
- * 50 health service providing institute became more responsible to provide their services among the target participants.



After boosting the documents:

The 38 event's boosting's were made to Light House's face-book and you-tube pages and recorded population reached 2 53 400 and viewers 149,306 viewers detail report on boosting enclosed. The Facebook and YouTube link mention below;

Episode #	Face book link	YouTube link
Episode -1	https://fb.watch/76j2GJ6s8r/	https://youtu.be/bZTWsd5qyGM
Episode -2	https://fb.watch/76tn8lu0m4/	https://youtu.be/63uakchVRDs
Episode -3	https://fb.watch/775mvvUBZz/	https://youtu.be/oVGZD0eHcl
Episode -4	https://fb.watch/775iWkkCaT/	https://youtu.be/3GPHiR0bINU
Episode -5	https://fb.watch/77PUayv3pE/	https://youtu.be/iHcfID7Gp4Q
Episode -6	https://www.facebook.com/lighthousebogura/videos/385759016452429	https://youtu.be/UhavqPq2zT0
Episode -7	https://www.facebook.com/lighthousebogura/videos/567945947734186	https://www.youtube.com/watch?v=K7Y1nywuGIE
Episode-8	https://www.facebook.com/lighthousebogura/videos/1063443704393391/	https://youtu.be/k5VISIAJzo0
Episode-9	https://www.facebook.com/lighthousebogura/videos/263103639014618	https://youtu.be/3xhAjaZHsNI
Episode-10	https://www.facebook.com/lighthousebogura/videos/247767877407692	https://youtu.be/I52HfPkUvPQ
Episode-11	https://www.facebook.com/lighthousebogura/videos/593981635053111	https://youtu.be/LNwzJTexQsE
Episode-12	https://business.facebook.com/lighthousebogura/videos/435438951633226/	https://youtu.be/ijhPAoNxa44
Episode-13	https://www.facebook.com/lighthousebogura/videos/2092349090934601	https://youtu.be/z6Amso1aJOA
Episode-14	https://www.facebook.com/lighthousebogura/videos/448834903529147	https://youtu.be/995gG8PBRsU
Episode-15	https://www.facebook.com/lighthousebogura/videos/932906414013754	https://youtu.be/Y8MckFALHGA
Episode-16	https://fb.watch/cSjx62W5BP/	https://youtu.be/62D_hk0hfhQ
Episode-17	https://fb.watch/cSkQ3I7UtM/	https://youtu.be/WPJWmK1LOIY
Episode-18	https://fb.watch/cSj_UxFEvj/	https://youtu.be/snRV8eTWI0I
Episode-19	https://fb.watch/cSkDMKVQpP/	https://youtu.be/5SJyfbvNgq8
Episode-20	https://fb.watch/cSkEqOxXdS/	https://youtu.be/RW5Xovnx9w
Episode-21	https://fb.watch/eJKrZJWt5k/	https://youtu.be/RUsm2UVpeOY
Episode-22	https://fb.watch/eJKF8DyWOD/	https://youtu.be/p5_Dc-jyCuQ
Episode-23	https://fb.watch/eJKtERyRum/	https://youtu.be/k8n50r2693A
Episode-24	https://fb.watch/eJKAbsRsR5/	https://youtu.be/UWnWfQeW7ag
Episode-25	https://fb.watch/eJKBFwnMt4/	https://youtu.be/ZKQgvH6ZMjA
Episode-26	https://fb.watch/ijS7jxehI6/	https://youtu.be/iA_pOxfVPrU
Episode-27	https://fb.watch/ijS6iWK_Rs/	https://youtu.be/aCPKDeDFXPA
Episode-28	https://fb.watch/ijS5tPYqhP/	https://youtu.be/gm63Tt5mO_Q
Episode-29	https://fb.watch/ijS3yokuoU/	https://youtu.be/YprBcnCwH_0
Episode-30	https://fb.watch/ijZ1RCamoB/	https://youtu.be/oPwld3IjVDI
Episode-31	https://fb.watch/ijS0dmZWVQ/	https://youtu.be/wtLpteIRFCw
Episode-32	https://fb.watch/jomcOtu5_x/	https://youtu.be/QCg3oN7sYik
Episode-33	https://fb.watch/juq_YK5ewP/	https://youtu.be/Jwrm-BRSrvM
Episode-34	https://fb.watch/jwhv00Qfjw/	https://youtu.be/xAG5PxUT_3w
Episode-35	https://fb.watch/jEDTZKoE1A/	https://youtu.be/njrHa6S-Na0
Episode-36	https://fb.watch/k6uSlfmoFw/	https://youtu.be/SAEamuJQP_4
Episode-37	https://fb.watch/k6uQUJcmRR/	https://youtu.be/TW4DSPb90Ys
Episode-38	https://fb.watch/kd7j58WALm/	https://youtu.be/yFN8jRpwBYk

Recommendations came from the seminar audience which include below;

- * The key population especially MSM and Hijra needed to be included in the adolescent health services policy;
- * School-based counselors need to be deployed for the student to address adolescent problems;
- * Sanitary napkins should be made available in the school;
- * Male field workers need to be deployed for adolescent boys;
- * Service centers need to be expanded in the hard to reach area for vulnerable adolescent;

Decisions suggested (if applicable):

Already the project ensured male and female peer volunteers ratio to 60:40, so it's under execution already but the for the rest recommendations particularly inclusion of MSM and Hijra population under adolescent health policy; making available napkins, school based counselor position and expansion of adolescent friendly health services in to rural areas, etc. is a long process and beyond current project scope of work which has awarded to Light House but of course, Light House will arrange dialogue with Pathfinder International representative on further steps.

The seminar related detail information's are bellow to;

SL	Date on seminar	Resources persons	Issues
1	Jul 28, 2021 08:30 PM	Dr. Md. Joynal Hoq (Program Manager, Adolescent and Reproductive Health, DGFP)	Adolescent and youth friendly health services
2	Jul 29, 2021 08:30 PM	Md. Abdur Razzak (Assistant Director, Family Planning, DGFP, Rajshahi);	Adolescent and youth friendly health services
3	Jul 30, 2021 08:00 PM	Dr. Md. Manjur Hossain (Assistant Director (MCH) and DPM (Adolescent & Reproductive Health, DGHS),	Adolescent and youth friendly health services
4	Jul 31, 2021 08:30 PM	Prof. Dr. Mohammad Mainul Islam (Department of Population Sciences, University of Dhaka)	Adolescent and youth friendly health services
5	Jul 31, 2021 07:15 PM	Dr. Sirajum Munira, (AD & DPM, School Health, DGHS).	Adolescent and youth friendly health services
6	18.08.2021- 08:00 PM	Dr. Md. Joynal Hoq (Program Manager, Adolescent and Reproductive Health, DGFP)	Adolescent and youth friendly health services
7	09.09.2021- 08:00 PM	Prof. Dr. Moh. Jawadul Haque, Phd, MBBS, DCM, Head of Dept. Community Medicine, Rajshahi Medical college	Adolescent and youth friendly health services
8	18.09.2021- 08:00 PM	Dr. Shafiq Amin Kazal, RMO, Bogura Mohammad Ali Hospital and SRH Specialist	Adolescent and youth friendly health services
9	22.09.2021- 08:00 PM	Dr. Nowsheen Sharmin Purabi, Physician, Researcher, Writer, Health Activist.	Adolescent and youth friendly health services
10	31.10.2021- 08:00 PM	Prof. Dr. Shahela Jesmin Shilpi, MBBS, FCPS, DGO; Professor & Head of Dept. Gynae, Barind Medical College & Hospital, Rajshahi.	Adolescent and youth friendly health services
11	30.11.2021	Dr. Rahat Ara Nur (Project Technical Officer, UNFPA)	Adolescent and youth friendly health services
12	08.12.2021	Ms. Nasima Akter Joli, General Secretary, National Girl child Advocacy forum	Adolescent and youth friendly health services
13	10.12.2021	Mr. Abdus Sabur, Development Worker	Adolescent and youth friendly health services
14	24.12.2021	Dr. Md. Shafiq Amin, RMO Mohammed Ali Hospital, Bogura	Adolescent and youth friendly health services
15	28.12.2021	Md. Mustafizur Rahman development specialist and M.Phil. Researcher	Adolescent and youth friendly health services
16	22.03.2022- 08:00 PM	Dr. Sumaya Sabnam Clinical service specialist HIV AIDS prevention program, Female Sex worker Intervention	Adolescent and youth friendly health services
17	28.03.2022- 08:00 PM	Dr. SM Rashedul Islam, Associate Professor- Virology department- BSMMU	Adolescent and youth friendly health services
18	30.03.2022- 08:00 PM	Dr. Joynal Hoque, Program Manager (Rtd.) MCH Unit, DGFP.	Adolescent and youth friendly health services
19	31.03.2022- 08:00 PM	Dr. Hayun Nabi, MBBS, MPH, Assistant Professor, Department of Public Health- NSU.	Adolescent and youth friendly health services
20	01.04.2022- 08:00 PM Astana, Dhaka	Dr. Mohammad Munir Hossain, MBBS, MPH, Youth & Adolescents program Analyst, Unfpa .	Adolescent and youth friendly health services

21	28.07.2022-08:00 PM	Dr. Joynal Hoque, Program Manager (Rtd.) MCH Unit, DGFP	Adolescent and youth friendly health services
22	29.07.2022-08:00 PM	Dr. SM Rashedul Islam, Associate Professor- Virology department- BSMMU,	Adolescent and youth friendly health services
23	29.07.2022-03:00 PM	Dr. Hayun Nabi, MBBS, MPH, Assistant professor, Department of Public Health-North South University	Adolescent and youth friendly health services
24	30.07.2022-08:00 PM	Dr. Monjur Hossain, Program Manager (A-AH) MCH unit, DGFP	Adolescent and youth friendly health services
25	31.07.2022-08:00 PM	Md. Alauddin Mia , Development Expert, The Huger Project Bangladesh	Adolescent and youth friendly health services
26	22.01.2023-6.30 pm Astana, Dhaka	Md. Mozammel Hoque. Senior Governance Adviser, UNDP Bangladesh	Climate Change- Role of young people in Climate Adaptation.
27	24-01-2023.7.45 pm	Faziliatun Ness- Counseling Psychologist Shahjalal University of science and technology , Sylhet	Mental Health
28	25-01-2023-00 PM	Dr. Nurun Nahar Rosy, Director, Clinical Service Delivery Program, DGFP	Adolescent and youth friendly health services
29	14-01-2023 - 7.00 pm	Ms, Rekha Saha, Women Activist.	Gender Based Violence
30	15.03.2023 Time: 8.00 pm	Abdus Sabur, Development Practitioner and Urban Health Officer, LHSS Activity/USAID	Young people crisis and prospects: Bangladesh Perspectives.
31	16-03-2023-7.30 pm	Md. Jamil Akther Deputy Manager, NGO Supervision, Climate Bridge Fund (CBF) Secretariat	Climate change and health risks and inequities: Role of Youth
32	19-03-2023-7.30 pm	Mehedi Hasan -CEO DiGi71 (Information Technology Company)	Role of youth in the proper use of social media and technology.
33	21 March 2023 08:00 PM	Engineer Sharif Sohan. Representatives of ICT division, Bangladesh Government.	Opportunities and challenges use of ICT
34	26-03-2023-3.00 pm	Md. Jamil Akter. Deputy manager Climate bride Fund.	Climate Action for Climate justice: Role of Youth
35	31-03-2023 at 3.00 pm	Abdus Sabur, Development Partition.	Skilled youth society: The Future Builders of Bangladesh.
36	08-04-2023-3.30 PM	Md. Jamil Akter. Deputy manager .Climate bride Fund.	Climate-induced loss and damage in Bangladesh: Role of youth.
37	15-04-2023-3.30 PM	Hassan Tanvir- Development Activist	Conduct seminars on the Fourth Industrial Revolution.
38	29-04-2023-8:00 PM	Mehedi Hasan, CEO, DIGI71	Information technology for young people: Need to know

Conclusion:

In conclusion, online seminars have gained popularity in the recent past, with many youth communities and the working class taking some courses online to enhance their skills and knowledge. Technological advancement and the flexibility associated with e-learning have contributed to high satisfaction levels among online participants/ learners. Online seminars can engage a large audience with a specific topic in a short period of time. By conducting online seminars on important topics like reproductive health, large audiences have benefited at low cost. The acceptance of online seminars in the present context is increasing day by day.



HEAD OFFICE:
DHAKA OFFICE:

Our mailing address is|

Light House, Jahurul Nagar, Bogura-5800; Tel.: +88-051+66246, Mobile: 01914-496317
Beena Kanon, House # 3, (Level-4), Road # 17, Block-E, Banani, Dhaka-1213.
Tel.:+88-02-8836323, E-mail: info@lighthousebd.org
Facebook: <https://www.facebook.com/lighthousebogura>

